

# Konekt Recovery Services



**Konekt Recovery Services focus on immediate response to workplace injury and early identification of potential barriers to a timely return to work.**

Konekt addresses both Physical and psychological cases from the time of injury and utilises its technology platform to deliver consistent and cost effective services nationally.

The Konekt Recovery Services include:

- Injury Management Consulting
- Return to Work Services for physical and psychological Injuries/Illness
- Initial Workplace Conferences.

## **Injury Management Consulting**

Konekt offers a large number of specialised assessments and services that can be used on a one-off basis or as part of a rehabilitation Program. These include:

### **Functional Assessment**

The objective measurement of the injured worker's existing and potential functional work capacity is a Functional Assessment. It includes both standardised and non-standardised assessments that involve the evaluation of the worker's performance against identified work related criteria.

### **Worksite Assessment**

A specialised on-site assessment of the worker's pre-injury duties and/or potential suitable duties to:

- Identify the critical demands of all work tasks
- Establish the work related performance criteria against which the worker's functional capacity is to be evaluated
- Identify methods of temporarily or permanently modifying the work demands to facilitate a safe return to work
- Identify workplace based strategies which will assist the worker by restoring their tolerance by the use of available duties.

### **Ergonomic Assessments**

Similar to a worksite assessment an ergonomic assessment is specifically designed to assess an individual's workstation ensuring it is set up in a way that will cause minimum risk to the employee's health and wellbeing.

An Ergonomic assessment may also be used to enable an employee to use their workstation efficiently and effectively. Konekt can also provide assistance to facilitate the trial or provision of ergonomic equipment e.g. laptop stand.

### **Like to know more?**

For more information, contact your nearest Konekt office or go to [www.konekt.com.au](http://www.konekt.com.au)

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## **Section 40 Assessment**

Assesses and injured workers capacity to earn under Section 40 of the NSW legislation, this is done through the provision of other assessments such as functional or vocational assessment.

## **Rehabilitation/Disability Counselling**

This counselling service provides assistance aimed at helping seriously injured workers who are unable to return to their previous job. We use a motivational counselling model e.g. an amputee will be counselled to help them deal with the grief of losing a limb without having to see a psychologist.

In addition, where general monitoring of a case identifies other underlying issues which may be preventing the worker to return to work, we may recommend counselling, these could be factors which are not related to the injury or to work but rather psychological factors such as, marriage breakdown or financial problems.

## **Reconditioning/Functional Restoration Programs**

This service is essentially a strengthening program using simulated work related activities, e.g. if we looked at a tyre fitter the program would involve activities which use the same weight and movement a tyre fitter would in his day to day work in order to build up the employee's strength so they are able to perform their job again.

## **Initial Workplace Conference**

Konekt's unique Initial Workplace Conference offers significant benefits for facilitating early return to work, in addition to providing recommendations on the sustainability of employment for the injured.

This program assists in:

- Identifying suitable duties for candidates while also developing a return to work program
- Identifying and reality testing the mechanism of injury
- Developing future risk management strategies
- Undertaking an evaluation of medical interventions
- Identifying any barriers that may delay return to work (physical and psychosocial factors).